

Presented by

SENECA FAMILY OF AGENCIES in partnership with
ALAMEDA COUNTY BEHAVIORAL HEALTH

Existential Despair Vs Hope and Agency During COVID-19

WHEN: (F): July. 31, 2020 <i>Attendance will be taken at 8:45 AM sharp!</i>	LOCATION: Via Zoom Registration and Link Information is listed below.	INTENDED AND FREE FOR: Alameda County Behavioral Health (ACBH) Social Work and Mental Health Staff and Providers Contracted with ACBH
Training Time: 9:00 AM - 3:00 PM		

About the Course

This training will address the world-wide pandemic that has infected millions and claimed more than 150,000 lives, isolation, depression and existential despair can immobilize our consciousness. In this six-hour training we will illumine the stewarding of hope through a recognition of strengths and a practice of self-compassion and service of service providers providing services to their clients, their families and their own loved ones.

Educational Objectives

- Acknowledgement of the threat as an assault on the psyche /acknowledge the positive experiences around you
- Abandoning limiting thought patterns / suspending disbelief
- Reauthoring the trauma as Opportunities/ reframing negative thought

About the Presenter

Yasmin Syyed was born in New York City of Cape Verdean and Caribbean heritage. She has an undergraduate degree in art and foreign language with a minor in ethnic studies; graduate degrees and postgraduate training in art, psychology and art therapy, and a doctorate in International and Multicultural Education, with a specialization in intrapsychic and socio-historic trauma. Yasmin has studied parenting styles in Africa, the Caribbean, and the US, and notes the impact of marginalization and trauma on both the psyche and traditional child rearing practices. She has designed and facilitated culturally responsive curriculum for UCSF/MZH's – Violence Prevention Project for mandated and non-mandated parents. She also assisted SF General Hospital's Department of Psychiatry in the development of intern training regarding African America families and parenting. She is a seasoned trainer at the state, county, CBO's and private sector levels and has taught college/ university classes on issues of race and gender.

Zoom Instructions

****Registrants are responsible for reading the following information****

Register in advance for this meeting:

<https://zoom.us/meeting/register/tJlode2sqjgtGNWrPGN0LCTIn5c06y-Tu2vkr>

After registering, you will receive a confirmation email containing information about joining the meeting.

Registration Assistance : Jamila Anderson 510-846-4433

Registration assistance: training.unit@acgov.org, (510) 567- 8113

If you must cancel enrollment, please do so at least 72 hours in advance of the training.

To request accommodation* or to file a grievance about an ACBH sponsored training, go to: <http://www.acbhcs.org/training-calendar>

*At the Seneca location, close parking (without stairs) is limited, so anyone who needs accommodations should request them right away. Carpooling is encouraged.